ABA Therapy: Is it appropriate for my child?

At the Children’s Autism Center in Clear Lake, we provide 1:1 ABA therapy to children with Autism Spectrum Disorders. Children who are most likely to benefit from our ABA therapy have the following concerns:

* Functional Communication Deficits, such as:
	+ Does not communicate vocally
	+ Communicates largely using echoic or scripted phrases
* Basic Social Skills Deficits, such as:
	+ Does not respond when name is called
	+ Lack of interest in same-age peers
* Play Skills Deficits, such as:
	+ Lack of imitation skills
	+ Lack of pretend play
	+ Presence of repetitive or routine-based play
* Adaptive Skill Deficits, such as:
	+ Not yet toilet trained
	+ Not able to dress or feed him/herself
* Repetitive/Stereotyped Behaviors, such as:
	+ Hand-flapping, spinning, etc.
* Low-Intensity Problematic/Interfering Behaviors, such as:
	+ Aggression, self-injury, or other disruptive behaviors that are not age-appropriate
	+ Please note that ABA therapy focuses on skill acquisition. Children with serious disruptive or unsafe behavior will be referred to more appropriate service providers.

The majority of children served by ABA therapy are between the ages of 2 – 10 years old. We do not typically enroll adolescents or teens in ABA therapy.

ABA therapy slots are available on weekdays at the following times:

* 9:00 – 11:00am
* 12:30 – 2:30pm
* 3:30 – 5:00pm

Each therapy slot includes the following activities:

* Large-group social time (15 min)
* Small-group social time (15 min)
* One-on-one work time (two 30 minute sessions)
* Music and movement time (15 min)
* Social snack time (15 min)

\**Please note: CAC staff are not trained to provide traditional therapy techniques (e.g., talk therapy, CBT, play therapy), and highly verbal children who suffer from comorbid anxiety or depression, disruptive behavior disorders, or obsessive-compulsive tendencies will be referred to a more appropriate service.*